





# **COVID-19 Vaccine Conversation Tip Sheet**

**Getting Ready:** Create a Vaccine Pride Environment. Display *I Got Vaccinated* Stickers. Prepare team to share their personal story of getting vaccinated.

No Shame/No Fear Zone. Respect Zone = A place to feel heard.

**Preparing for the Conversation:** People are trying to do the right thing. 42% of Americans are hesitant. It's normal to be cautious when something new comes along. Wanting to know more is a good thing - it means you want to be informed. Recent research suggests that people with mental illnesses such as schizophrenia may be at increased risk of serious illness from COVID-19 which adds yet another consideration for getting vaccinated. The CDC recommends the vaccine for everyone including those who have had COVID-19.

The Conversation: Are you planning on getting vaccinated?

### YES I am planning on getting vaccinated (ask about:)

Logistics: eligibility, need support signing up, date & times of vaccine appointment, transportation

Convenience: Needing to leave work, childcare, concerns about presenting ID (especially for those undocumented), payment, insurance

What to expect: Share your experience. The vaccine won't protect you until 2 weeks after your final shot Side Effects: What has your experience with other vaccines been like? COVID-19 vaccine is not so different.

Advise to prepare for side effects (acetaminophen, water, rest, exercise/move sore arm)

**Evoke Pride**: Congratulate the person on choosing vaccination

**Follow Up Plan**: Check in with each other prior to appointment? Text after appointment? Share a selfie

#### NO, I'm not sure or I'm waiting (ask about:)

**Concerns:** What have you heard in your community about the vaccine?

• It's safer for people to tell you about "what I've heard" rather than "what I think".

Tailor the message: Young adults may be less concerned about their own health but more motivated to prevent infection in family members —> I'm young and probably can survive the virus if I get it —> PIVOT How about friends and family? Protect your family, friends, grandparents, community, those immunocompromised

**Priorities:** Vaccine may not be a priority when other perceived threats are of concern: unemployment, food insecurity, deportation. Address concerns about: I.D., cost of vaccine, appointment availability (i.e., off work hours)

## **Common Concerns**

- Have BIPOC individuals been included in vaccine development and clinical trials?
  - In Pfizer & Moderna vaccine trials, 10,000 Hispanic people participated; vaccines were shown to be safe in all ethnicities; 6,000 Black volunteers participated in Phase 2 trials.
  - Of 45,000 people in Phase 3 for Johnson & Johnson, 15% were Hispanic, 13% were Black.
- Vaccine safety: CDC fact sheet in English and Spanish
- More details about what to expect: <u>Pfizer Fact Sheet</u>, <u>Moderna Fact Sheet</u>, <u>Johnson & Johnson Fact Sheet</u>
- Religious concerns: Are fetal cells used in production of COVID-19 vaccine? Not used in Pfizer or Moderna. An issue for Johnson & Johnson vaccine which used cell lines that originated from fetal cells. Vatican says all vaccines are morally acceptable and to avoid Johnson & Johnson if possible. The Pope received Pfizer vaccine on Jan 13, 2021.
- Long term effects: Validate that we don't know all the answers yet. We do know that about 10% of people who get the virus and survive, will have life disrupting symptoms, sometimes for months after initial infection (long haulers).
- The vaccine is made from COVID virus? No. Check out this mRNA Vaccine Fact Sheet available in <u>English</u> and in <u>Spanish</u>.
- Conspiracy theories: Offer your story of getting vaccinated. As a trusted healthcare provider, your recommendation matters a lot.
- Person is against all vaccinations:
  - Do not shame
  - Recommend vaccination to keep others safe
  - Have the conversation more than once





# Me and the COVID-19 Vaccine

We are each faced with the choice of getting a vaccine to protect ourselves and the ones we love from the COVID-19 virus. This worksheet will help you think things through.

If I were to get vaccinated, here are t	hings I would enjoy	doing again:	
☐ Hugging my grandparents	$\square$ Going back to the gym $\square$		
$\square$ Being back in the classroom	$\square$ Playing with my sports team $\square$		
$\square$ Going back to work in person	$\square$ Going to my place of worship $\square$		
$\Box$ Going to a concert	☐ Being face to	face with friends	
If I were to get vaccinated, the people I would be helping to protect are:		People I know	who have been vaccinated:
☐ Myself			
$\square$ My parents or other family me	embers		
$\square$ People who are sick in my com	nmunity		
$\Box$ The elderly in my neighborhood	od		
What I've heard about getting vaccinated:		My questions	about getting vaccinated:
		☐ Is it safe t	o get the vaccine?
		☐ Do I have	to show an ID?
		☐ Do I need	to pay or have insurance?
		☐ What are	the side effects?
		☐ Do I have	to take time off from work or school?
		☐ How do I	find a vaccine appointment?
<b>Do I need more information?</b> Put a cit Who do I trust to give me more in		•	ou need more information about.
How ready am I to get vaccinated? Provaccinated.	ıt a mark on the li	ne below to shov	v how ready you are to get
I'm not ready	I'm still not sure		I'm ready
<b>Next Steps:</b> ☐ Get more information	on □Talk to peo	ple I trust:	
☐ Keep myself and others safe a			